

COVID-19 Related Death and Two New Cases in Lincoln County

FOR IMMEDIATE RELEASE

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North Platte, Nebraska - The West Central District Health Department (WCDHD) has two new cases of COVID-19 from Lincoln County. One is a female in her 40s, and the other is a male in his 30s. Both individuals are self-isolating at home.

A woman in her 60s who was hospitalized and suffered serious underlying health conditions, has become the second COVID-19 related death in Lincoln County. "Our sincerest sympathies goes out to the family," said Shannon Vanderheiden, Executive Director of WCDHD.

To date, we have tested 551 individuals in Lincoln County for novel Coronavirus (COVID-19). Of the 551 tested, 22 have been positive. Five are travel-related, six are community spread, nine are due to close contact, and two are under investigation. Sixteen of these cases have recovered, four are self-isolating, and there have been two deaths. All twenty-two cases are within Lincoln County. The DHHS map will reflect these updates soon. Stay informed of new cases by visiting our website at <https://wcdhd.org/> (information will be updated daily 5:45 PM).

Counties	Confirmed	Tested	Travel	Community Spread	Close Contacts	Under Investigation
Lincoln	22	551	5	6	9	2
Logan	0	3	0	0	0	0
McPherson	0	2	0	0	0	0
Thomas	0	3	0	0	0	0
Hooker	0	3	0	0	0	0
Arthur	0	0	0	0	0	0

Social and physical distancing helps prevent the spread of COVID-19. This includes:

- Stay home and practice social and physical distancing
 - Stay Home
 - Avoid gatherings, if you must gather, keep individuals to 10 or less
- When out stay 6 feet away from others
- Cough and/or sneeze into your elbow
- Wash your hands with warm soapy water for at least 20 seconds
- Do not touch your face
- Wear a community mask - this will help mitigate the spread of the virus

Public health officials would like to remind you that if you have a fever of over 100.4 or symptoms of respiratory illness, please self-isolate and contact your healthcare provider for additional guidance. If you are tested, have been in direct contact of a lab-confirmed case, or traveled outside of Nebraska in the last two weeks REGISTER with WCDHD at https://consultinglhd.sjc1.qualtrics.com/jfe/form/SV_a67PjRi6skYXMrP