

Challenge Option 2:

Celebrate August!

Participate each week! Post a picture to the staff posse page for at least one of the weeks :)

August 1-7: Simplify Your Life Week

pick yourself a bouquet of flowers and check something off from that to-do list.

August 6-12: Exercise With Your Child Week

Child, Grandchild, Dog, Cat....Husband
(they can all be children at times...right?)

August 13-19: Feeding Pets of the Homeless Week

Donate a bag of dry cat/dog food to the North Platte Pet Food Pantry
(if you would like to drop this off at my office I can take it to the drop off location)

August 21-25: National Safe at Home Week

Take a few minutes to walk through your home and look for potential trouble spots.
The leading cause of accidental fatalities involving children in the home is poisoning.
-Make sure all medicines and household chemicals are out of reach of children
If you have small children at home make sure all unused electrical outlets are covered.
Don't forget to check the batteries on your smoke alarms and carbon monoxide detectors

Just for Fun

August 10th

National Smore's
Day



August 26th

National Cherry
Popsicle Day

